



Rules, Regulations, Policies

STUDIO ATTIRE For hygienic and safety purposes, COREdination Pilates requires the use of Pilates toe socks and Pilates grip gloves for all classes. Clients may not take class in bare feet. Pilates socks and gloves can be purchased at the studio or at a sporting goods store. Failure to wear required apparel could result in students being asked to sit out of the class.

Clients should also wear form fitting Pilates appropriate clothing that allows unrestricted movement. Out of consideration for other clients and the instructor, please avoid short baggy athletic shorts, unless they come with a built in undergarment cover.

CARE OF CHILDREN The studio is not responsible for providing supervision for children of clients during class. Should you need to bring your child with you, you are responsible for your child. In consideration of the other clients, it is also your responsibility to make sure that your child does not disrupt the class in progress. Additionally, you are responsible for ensuring the safety of your children and you waive the right to any legal action for any injury sustained by your children on studio property.

LATE ARRIVALS In consideration of the other clients, we ask that every effort is made to arrive to a scheduled group class in a timely manner. Late arrivals may disrupt the focus of class and do not allow for a proper warm up prior to participating in Pilates movements. In addition, late arrivals prevent clients from communicating to our teachers any pain or discomfort one may be experiencing.

CONVERSATIONS Upon entering the studio, we ask clients to please be respectful of classes already in progress. We encourage clients to take a deep breath, release any stress and prepare for an effective exercise experience. Your help in reducing distractions is appreciated.

CELL PHONES COREdination Pilates aims to create a quiet and peaceful Pilates practice space. As such, we request clients to silent cell phones upon arrival to the studio.

TUITION PAYMENTS Autopay Program: Clients registered for the autopay program authorize COREdination Pilates to charge a credit card on file on the 15th day of each month starting in August and ending in April. Monthly tuition price is based on the total number of classes scheduled throughout the year (36 per each class registered for) broken into 9 equal payments.

Single Classes: Clients who wish to pay as they come, do not need to register for the autopay program. Single class rates will apply. Advanced registration is required.

Private and Semi-Private Class Cards: Clients who purchase the 10-class card option will receive an email when one class remains on their card. For your convenience, we will automatically charge a new 10-class card to your account at the conclusion of your final class. Should you wish to discontinue classes, please inform our staff in writing via email prior to the last class on your current card. Clients may also pay for single classes at the single class rate.

WITHDRAWAL & REFUNDS Clients enrolled in the Autopay Program are required to provide the studio 30 days written notice prior to the next autopay to discontinue charges. For example, to stop the October 15th autopay, the office must receive notice by September 15th.

CLASS MAKE-UPS Make-up classes can be accommodated with a full 24-hour notice of cancellation. Any paid classes that remain unused will be held in the client's account until the conclusion of the current session, provided that the studio receives 24-hour notice of cancellation prior to the scheduled class. Unused classes at the conclusion of the session will be forfeited. No credits or refunds are given for missed classes.

INSTRUCTOR SUBSTITUTIONS The studio reserves the right to provide a substitute instructor if the regularly scheduled instructor is ill or otherwise unable to teach classes. If a teacher is ill and the studio cannot arrange a substitute, any missed classes can be made up.

INCLEMENT WEATHER POLICY In the event of inclement weather, COREdination Pilates reserves the right to cancel classes. Class cancellations will be communicated via email and/or text. If you have questions regarding closings, please call the studio. If the studio must cancel classes due to extreme weather, or events beyond our control, clients may make-up the class at another time, to be scheduled and arranged with the office.

PHOTO POLICY The studio is granted permission to use images and/or your personal likeness captured by still photography, videography or other photographic or electronic means. COREdination Pilates reserves the right to use any such image, photograph, video or the like for studio-related purposes, including, but not limited to, promoting, publicizing and/or advertising on behalf of the studio in print publications, on the Internet or in other media such as signage and/or presentations. Permission is also hereby granted for the studio to copyright such photographs in its name.

I consent to the Rules, Regulations and Policies of the studio.

Name: _____

Signed: _____ Date: _____